

FREE EVENT – No registration necessary

World Laughter Day

Sunday 2 May 2021, 5:15-6.45pm

**Freemans Bay Community Centre
52 Hepburn Street, Freemans Bay**

Transport: Bus 106 to Wellington St | Inner and Outer Link buses stop nearby | Off-street parking



Laugh for joy, health & community

Join us for a laughter session, then chat over tea & biscuits

**+ optional vegetarian meal after the session at 7pm
Price \$19 (must be prepaid by Monday 26 April)**

**Pay for your meal by direct deposit: Laughter Yoga NZ. A/c: 38 9008 0430364 00
Internet banking or at a Kiwibank branch: Please put your name as the reference**

**More info: Bob: 09 376 3496 or 021 646 280
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see website www.laughteryoga.org.nz for clubs, events & trainings