



*free up the laughter within*

## Laughter Leader Training

**Saturday and Sunday, 10<sup>th</sup> & 11<sup>th</sup> October, 2020. 9am to 5pm, both days**  
**Auckland Women's Centre, 4 Warnock Street, Grey Lynn, Auckland**  
**Vegetarian lunch, morning and afternoon teas, provided each day**

***Laughter yoga is serious fun.** It seems so simple yet has profound outcomes. It boosts good health, and defuses stress, anxiety, and depression. It creates a sense of connection and community.*

*Leading laughter builds confidence and greater enjoyment of life. In the workplace it is a powerful tool particularly in HR and wellness, management training and team building.*

### Included in the LEADER TRAINING

- the history, concept, and techniques of laughter as exercise
- the facilitation skills to lead a group in laughter
- the special requirements of business, seniors, and children's groups
- the latest edition of the official Laughter Yoga University Training Manual
- the Laughter Yoga University Certificate on successful course completion
- enrolment in the Prozone online resource for Laughter Yoga professionals
- possibly the best fun you can have at a workshop



Laughter Yoga University aims to promote a more peaceful, healthier and happier world through unconditional laughter.

**COST: Paid in full by 4<sup>th</sup> September, \$285 | After 4<sup>th</sup> September, \$350 | Refreshers, \$175**



Bob and Gay Harvey have been enjoying Ponsonby Laughter Club since 2006.

Bob became a Certified Laughter Yoga Leader in 2008 and in 2009 he trained with Laughter Yoga founder, Dr Madan Kataria, to become a Certified Teacher of Laughter Yoga Leaders. He has been training new leaders since 2010.

Gay works alongside Bob at all his trainings and corporate sessions, and is a regular leader at Ponsonby Laughter Club.



### CONTACT

Bob: 021 646 280      Gay: 021 0635 035      Web: [www.laughteryoga.org.nz/events-calendar](http://www.laughteryoga.org.nz/events-calendar)  
 Email: [info@laughteryoga.org.nz](mailto:info@laughteryoga.org.nz)      Post: Laughter Yoga NZ, PO Box 47 420, Ponsonby 1144

# Certified Laughter Yoga Leader Training Registration Form

Please register me for the Certified Laughter Yoga Leader Training, to be held at Auckland Women's Centre, 4 Warnock Street, Grey Lynn, Auckland on 10-11 October, 2020.

Payment enclosed as detailed below. I agree to the standard terms and conditions set out below.

<b>Name</b>		<b>Email</b>	
<b>Postal address</b>			
<b>Phones: Home</b>		<b>Work</b>	<b>Mobile</b>
<b>Occupation</b>		<b>Gender</b>	<b>Age</b>
<b>Have you done Laughter Yoga before?</b>			
<b>What is your goal for this training?</b>			

<b>Payment: What rate are you paying?</b>	\$285 early bird, saving \$65, paid in full by 4 September 2020	<input type="checkbox"/>
	\$350 full training fee	<input type="checkbox"/>
	\$50 deposit to secure your place	<input type="checkbox"/>
	\$175 refresher paid in full by 4 September. Place dependent on availability	<input type="checkbox"/>

**Please note that any payments made after 28 September 2020 must be by direct deposit or in cash**

<b>I am paying by:</b>	<b>Cheque</b> <input type="checkbox"/> <b>Direct Deposit</b> <input type="checkbox"/>	<b>Signature</b>	<b>Date</b>
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**Cheque:**  
Post to

Laughter Yoga NZ,  
PO Box 47 420,  
Ponsonby, Auckland 1144

**Direct Deposit:**

Internet or in person  
at any Kiwibank  
**Please put your name  
as the reference**

Laughter Yoga NZ  
Account No: 38 9008 0430364 00  
Kiwibank, Ponsonby Branch

### The Small Print – Laughter Yoga University Terms & Conditions

Persons attending any training courses run under the auspices of the Laughter Yoga University are required to agree to the following terms and conditions before the start of the course:

- Full payment must be received before the course. If you paid by direct deposit please bring a copy of the bank document to course registration.
- Students are required to sign a standard disclaimer before starting any training course. Copies may be requested on registration.
- On-time attendance is required for all sessions. Please arrive ten minutes early. Late arrivals may not be permitted entry.
- Students are required to follow instructions from the trainer or any staff members, are expected to maintain a respectful attitude towards trainers and staff, and must be careful not to disrupt sessions or cause inconvenience to other students.
- Question times will be allocated.
- Mobile phones must be switched off or put to silent (non-vibrating) mode during sessions.
- The taking of photos, videos or recordings is not allowed without permission of the trainer.
- The taking of any drugs or alcohol before or during training is not allowed, other than prescription medicines.
- Copyright for any photos, videos or recordings taken during courses will be for Laughter Yoga New Zealand.
- Complaints may be directed to the organisers. If satisfaction is not received please direct complaints to the Laughter Yoga University at help@laughteryoga.org.
- Laughter Yoga New Zealand reserves the right to take photos, videos or recordings of any parts of the course and to use this material in any promotional or commercial publications.
- Students agree that all knowledge and materials provided to them by the Laughter Yoga University during the course and thereafter shall remain the copyright of the Laughter Yoga University and that they shall not make this knowledge or material public other than in promoting or running training courses on behalf of the Laughter Yoga University.
- Certification of students is at the discretion of the trainer and of Laughter Yoga University and is subject to the performance and abilities of the student. In some cases students may be requested to fulfil further requirements prior to certification.
- Course booking cancelled more than one month before the course will receive a full refund, less 10% to cover administration and banking costs. Later cancellations may receive a full or partial refund at the discretion of Laughter Yoga New Zealand.
- Laughter Yoga New Zealand reserves the right to cancel or reschedule any program, in which case full refunds will be made. Please be sure to purchase travel insurance in case you need to change your travel plans.

Attendees acknowledge that copyrights in the terms 'laughter yoga', 'laughter yoga club' and 'laughter yoga clubs' are owned by the Laughter Yoga University and agree not to use these without the permission of the Laughter Yoga University.

*Issued by the Laughter Yoga University, #33, Galaxy Enclave, Jakkur Plantation, Yelahanka Hobly, Bangalore 560064, India.  
Tel: +91 888 456 7891 help@laughteryoga.org www.laughteryoga.org*

**Post completed form to: Laughter Yoga NZ, PO Box 47 420, Ponsonby, Auckland 1144  
or scan and email to: info@laughteryoga.org.nz**