

FREE EVENT - No registration necessary

World Laughter Day

Sunday 1 May 2016, 5.15-7pm

Western Springs Garden Community Hall
956 Great North Road, Western Springs
Between Auckland Horticultural Centre and Restaurant Building
Buses from stop 7041 in CBD to stop 8124 on Great North Road
Ample off-street parking







Laugh for good health, inner joy & world peace

Join us for a laughter session followed by complimentary tea and coffee

+ optional vegetarian meal after the session at 7pm: \$18pp (must be prepaid by Tuesday 26th April)

More info: Bob: 09 376 3496 or 021 646 280 Louise 027 475 3734 Gay 021 0635 035 laughteryoganz@gmail.com www.laughteryoga.org.nz

Direct Deposit - Internet banking or at a Kiwibank branch:
Laughter Yoga NZ. Account No: 38 9008 0430364 00 Kiwibank, Ponsonby Branch
Please put your name as the reference