

A gathering to celebrate and promote the power of laughter and its influence on wellbeing



Welcome to New Zealand's next

LAUGHTER WELLNESS CONVENTION

"Inspiring communities"

12-13 September 2015

Kawai Purapura, 14 Mills Lane, Albany, Auckland

Join us on the wellness waka!



We are celebrating the joyful role of laughter in 'inspiring communities' at our Laughter Wellness Convention. We are inviting people from all sorts of walks of life to attend our weekend convention of presentations, workshops and performances.

EXCITING LINE UP OF SPEAKERS

Confirmed Presenters

David Savage - Diagnosis

Aaron Jarden – A toolkit for wellbeing

Pat Armitstead – Life enhanced by performing arts

Shalani McCray – The guts of wellbeing

Linda Woodgate – The body/mind connection

Lisa Tui – Sing, laugh, live and lead – out loud!

Merv Neal – Laughter Yoga Research

Linda Guirey - Choose to matter

Hannah Airey – Laughter Wellness and its applications

Margaret Mohammed – Joy gives us wings

Caroline Welkin – Comedy and story – Funny Story

Beverley Edwards – Opening doorways to harmonious communities

(SUBJECT TO CHANGE)

Morning tea, lunch & afternoon tea, Saturday evening meal provided
Event Saturday evening
Entertainment

CONTACTS

GARETH EDWARDS

EMAIL: gareth@garethedwards.co.nz

ACCOMMODATION ENQUIRIES & DIETARY REQUIREMENTS

EMAIL: hannah@unwindyoga.co.nz

Visit www.laughterwellness.co.nz for more information



CONVENTION

WHERE

Kawai Purapura,
14 Mills Lane, Albany
Auckland

REGISTRATION

8.30am

TIME

9am-5pm Saturday

9am-4pm Sunday

WEEKEND TICKETS

General admission

\$350

Early bird special

(Book before 14/08/15)

\$295

1 DAY TICKETS

General admission

\$180

Early bird special

(Book before 14/08/15)

\$150

WEEKEND TICKETS

Laughter leaders, students,
over 65's and KP residents

\$315

Early bird special

(Book before 14/08/15)

\$265

1 DAY TICKETS

Laughter leaders, students,
over 65's and KP residents

\$162

Early bird special

(Book before 14/08/15)

\$135

TICKETS AVAILABLE AT

Eventbrite



To register your interest, email
gareth@garethedwards.co.nz