

A gathering to celebrate and promote the power of laughter and its influence on wellbeing



Welcome to New Zealand's next

## LAUGHTER WELLNESS CONVENTION

*"Inspiring communities"*

12-13 September 2015

Kawai Purapura, 14 Mills Lane, Albany, Auckland

Join us on the wellness waka!



We are celebrating the joyful role of laughter in 'inspiring communities' at our Laughter Wellness Convention. We are inviting people from all sorts of walks of life to attend our weekend convention of presentations, workshops and performances.

### EXCITING LINE UP OF SPEAKERS

#### Confirmed Presenters

Pat Armitstead – Life enhanced by performing arts

Shalani McCray – The guts of wellbeing

Linda Woodgate – The body/mind connection

Annie Helm – Laugh/Sing

Merv Neal – Laughter Yoga Research

Linda Guirey - Choose to matter

Hannah Airey – Laughter Wellness and its applications

Margaret Mohammed – Joy gives us wings

Caroline Welkin – Comedy and story – Funny Story

Beverley Edwards – Opening doorways to harmonious communities

PLUS MORE  
(SUBJECT TO CHANGE)

Morning tea, lunch & afternoon tea provided  
Event Saturday evening  
Entertainment

### CONTACTS

GARETH EDWARDS

EMAIL: [gareth@garethedwards.co.nz](mailto:gareth@garethedwards.co.nz)

ACCOMMODATION ENQUIRIES & DIETARY REQUIREMENTS

EMAIL: [hannah@unwindyoga.co.nz](mailto:hannah@unwindyoga.co.nz)

Visit [www.laughterwellness.co.nz](http://www.laughterwellness.co.nz) for more information



## CONVENTION

12-13 September 2015

### WHERE

Kawai Purapura,  
14 Mills Lane, Albany  
Auckland

### REGISTRATION

8.30am

### TIME

9am-5pm Saturday

9am-4pm Sunday

### WEEKEND TICKETS

General admission

**\$350**

Early bird special

(Book before 12/07/15)

**\$295**

### 1 DAY TICKETS

General admission

**\$180**

Early bird special

(Book before 12/07/15)

**\$150**

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### WEEKEND TICKETS

Laughter leaders, students,  
over 65's and KP residents

**\$315**

Early bird special

(Book before 12/07/15)

**\$265**

### 1 DAY TICKETS

Laughter leaders, students,  
over 65's and KP residents

**\$162**

Early bird special

(Book before 12/07/15)

**\$135**

TICKETS AVAILABLE AT

**Eventbrite**



To register your interest, email  
[gareth@garethedwards.co.nz](mailto:gareth@garethedwards.co.nz)